# **Fatso's Allergen Information**

This guide is provided to enable you to make your own decision on menu choice. We are unable to recommend or inform you what is suitable for you to eat. The descriptions on our menus do not include all ingredients or The information in this allergen guide is based on supplier specifications and recipe information. Please be aware that this allergen information is subject to change, therefore ensure that you check it each time you visit. You will need to make sure you personally inform a Manager of your specific allergy dietary requirements, before you place your order. You need to do this every time you dine with us, even if you have previously eaten the dish. This way we can ensure that extra attention to detail is taken when preparing your meal, in order to help prevent allergen cross-contamination.

Accompaniments and standard garnishes are included, unless specified. Items that are added as an additional self-selection choice or upgrade must be reviewed and added to the base information.

We regularly review the allergen data available to us. Although the circumstances in which a product is made, stored or packaged and distributed may change without our knowledge.

Not all products and dishes are available at all sites and are subject to change without prior warning.

#### **Cross-contamination:**

Please be aware that in our kitchen we handle food products containing, celery, cereals containing gluten, crustaceans, eggs, fish, lupin, milk, mollusc, mustard, nuts, peanuts, sesame seeds, soya, sulphur dioxide and derivatives of these allergens. Therefore it is impossible to fully guarantee that your meal has not accidentally come into contact with an undeclared allergen.

Cooking equipment (e.g grills, fryers etc) and food preparation areas may be shared. It is possible that any fried items you select from this guide may have been cooked in the same frying oil as items containing allergens, meat and dairy dishes.

Please ask a Manger if you would like additional information regarding our cooking methods and policy. If you are concerned about allergen cross-contamination of the food you wish to order please inform a Manager.

As part of the legislation on The Provision of Food Information to Consumers, Regulation EU 1169/2011, we only highlight allergenic ingredients if they are intentionally added to a product.

#### **Cereals and Gluten:**

The information in our allergen guide relating to "cereals containing gluten" is applicable to wheat, rye, barley, oats, spelt, kamut and the hybridised strains and products thereof. For identification of these specific cereals containing the gluten. Please request to see the product label/recipe.

We cannot guarantee the total absence of allergens in our dishes.

Ve - Vegan

✓ - Contains

V - Vegetarian

- May contain

**NGCI** - Non Gluten Containing Ingredient

NGCIA - Non Gluten Containing Ingredient Alternative - See NGCI menu

MAIN MENU						Lupin Flour	Milk		MUSTARD			I SAME		Boor
Appetisers	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Prawn Cocktail (NGCIA no bread)		Wheat Barley	Prawns	✓			<b>√</b>						<b>√</b>	
Calamari		Wheat	<b>√</b>	✓	<b>√</b>			Squid	✓				<b>√</b>	
Breaded Mozzarella Sticks <b>V</b>		Wheat					<b>√</b>		✓					
Crispy Chicken Strips	✓	Wheat							✓					
Loaded Skins pulled pork NGCI							1		1			<b>√</b>		
Loaded Skins cheese and bacon NGCI							<b>√</b>		<b>√</b>			<b>✓</b>		
Loaded Skins beef chilli NGCI							✓		✓			<b>√</b>		
Loaded Skins with vegetarian chilli <b>v</b>							✓		✓			<b>√</b>		
Battered King Prawns		Wheat	Prawns						<b>√</b>					
Barbecue Ribs	<b>√</b>	Wheat Barley					<b>√</b>		1				<b>√</b>	<b>✓</b>
Crispy Mushrooms V		Wheat		✓					✓					

Chicken Wings NGCI	✓		✓	✓	✓			1
Hot n Kicking Chicken Wings	<b>√</b>	Wheat	✓	✓	<b>✓</b>		1	
Cauliflower Wings V Ve Without Blue cheese dip	✓	Wheat	✓	<b>√</b>	<b>√</b>	✓		1
Chilli Poppers V		Wheat		<b>✓</b>	✓		✓	
Garlic Bread V		Wheat Barley Rye		✓	<b>✓</b>	<b>✓</b>		
Cheese Garlic Bread V		Wheat Barley Rye		<b>√</b>	<b>√</b>	✓		
Pigs in blankets		Wheat			<b>√</b>		✓	✓
Christmas Skins		Wheat Barley		✓	1		✓	
Halloumi Fries V				✓	<b>✓</b>			

MAIN MENU						Lupin Flour	Milk		MUSTARD			SSAM		Beer
Appetisers to Share	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Selection of wings (NGCI if no Cauliflower or	<b>√</b>	Wheat		✓			<b>√</b>		<b>√</b>			<b>√</b>	<b>✓</b>	

kicking wings)										
Party Platter	<b>√</b>	Wheat Barley Rye	<b>√</b>		<b>✓</b>	✓	<b>√</b>	<b>✓</b>	<b>✓</b>	✓
Cheesy Nachos V NGCI					1			<b>√</b>		
Ultimate Nachos V NGCI	✓				1			<b>√</b>		

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MAIN MENU						.upin Flour	Milk		MUSTARD			in the second se		Beer WINE
Fish & Seafood	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Scampi		Wheat	Scampi	✓					<b>√</b>					
Salmon Bearnaise		Wheat		✓	Salmon		1		1					
Seafood Combo		Wheat	Shrimps Prawns	✓	<b>√</b>		<b>√</b>	Squid	<b>√</b>				<b>√</b>	
Cajun Salmon (NGCIA no curlies)		Wheat		✓	Salmon				<b>√</b>					

#### **DISHES AND THEIR ALLERGEN CONTENT - FATSO'S**

MAIN MENU





























Salads	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cajun Chicken Caesar Salad		Wheat		✓			<b>√</b>			Nuts		<b>✓</b>	<b>✓</b>	
Cajun Salmon Salad <b>NGCI</b>				✓	Salmon		<b>√</b>		<b>√</b>					
Seafood Salad		Wheat	Scampi Prawns	✓			1	Squid	<b>√</b>					
Fatso's Vegetarian Combo Salad V NGCI				✓			<b>✓</b>		<b>√</b>					

MAIN MENU						Lupin Flour	Milk		MUSTARD			MSAME OL	£	Boor
Burgers	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Deluxe (NGCIA with NGCI bun, no curlies)		Wheat Rye		✓			<b>✓</b>		1			<b>√</b>		
Cheese Deluxe (NGCIA with NGCI bun, no curlies)		Wheat Rye		✓			✓		<b>√</b>			✓		
C & B (NGCIA with NGCI bun, no curlies)		Wheat Rye		✓			✓		<b>√</b>			✓		
Sea & Land (NGCIA with NGCI bun, no curlies)		Wheat Rye	Prawns	✓			<b>✓</b>		<b>√</b>			✓		

Pulled Pork (NGCIA with NGCI bun, no		Wheat Rye	✓		<b>✓</b>		
curlies) Fiery Jalapeno (NGCIA with NGCI bun, no curlies)		Wheat Rye	<b>✓</b>	<b>✓</b>	✓	<b>✓</b>	
Spicy Chilli (NGCIA with NGCI bun, no curlies)		Wheat Rye	✓	<b>✓</b>	✓	<b>✓</b>	
Cheese and Mushroom (NGCIA with NGCI bun, no curlies)		Wheat Rye	✓	<b>✓</b>	✓	<b>✓</b>	
Blues & Bacon (NGCIA with NGCI bun, no curlies)		Wheat Rye	✓	<b>✓</b>	✓	<b>✓</b>	
Smokie (NGCIA with NGCI bun, no curlies)		Wheat Rye	✓	<b>✓</b>	✓	<b>✓</b>	
The Big Boss		Wheat Rye Barley	1	<b>√</b>	✓	✓	
Southern Style Chicken	✓	Wheat Rye	✓	1	✓	<b>✓</b>	<b>√</b>
Tennessee Chicken	✓	Wheat Rye	✓	<b>✓</b>	✓	<b>/</b>	<b>✓</b>
Royal Hog	✓	Wheat Rye	✓	<b>✓</b>	✓	<b>✓</b>	✓
Fully Loaded		Wheat Rye	1	<b>√</b>	✓	<b>√</b>	
Manhattan Chicken Burger (NGCIA with NGCI bun, no curlies)		Wheat Rye	✓	<b>✓</b>	✓	<b>✓</b>	

Buffalo Blue Burger (NGCIA with NGCI bun, no curlies)	Wheat Rye	<b>✓</b>		<b>✓</b>		✓		
Spicy Cajun Ranch (NGCIA with NGCI bun, no curlies)	Wheat Rye	✓	<b>✓</b>	1		1		
Vegan Cheese Deluxe <b>Ve</b>	Wheat Barley Oats Rye			1	Coconut		✓	
Vegan St. Louis Burger <b>Ve</b>	Wheat Barley Oats Rye			1	Coconut		✓	
Vegetarian Halloumi Cheese V (NGCIA with NGCI bun, no curlies)	Wheat Rye	<b>✓</b>	<b>✓</b>	<b>✓</b>		1		
Blitzen Brie Burger	Wheat Rye	✓	✓	✓	<u> </u>	✓	✓	<b>√</b>
Christmas Chicken	Wheat Rye Barley	<b>√</b>	<b>✓</b>	✓		1	✓	<b>√</b>
Merry Porkmas Burger	Wheat Rye	✓	✓	✓		✓	<b>✓</b>	✓
N&N Nacho Burger	Wheat Rye	<b>✓</b>	✓	✓		✓		
Santa's Southern Style Burger	Wheat Rye	<b>√</b>	✓	1		✓	✓	
Stuffed Stocking Burger	Wheat Rye	✓	✓	✓		✓		✓
Tennessee Blue Burger	Wheat Rye	✓	✓	1		1	<u> </u>	

MAIN MENU						Lupin	Milk		MUSTARD			SSEAMS		Boor
Sandwiches	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicago Club Sandwich		Wheat Barley		✓			<b>√</b>		✓				✓	
Steak Wrapper		Wheat		✓			<b>√</b>		<b>√</b>					
Philly Steak Sandwich		Wheat Rye		<b>√</b>			1		<b>√</b>	<b>✓</b>		<b>✓</b>		
Christmas Ciabatta		Wheat Rye Barley		✓			1		<b>√</b>				<b>√</b>	1
Chicken & Cheese Quesadilla		Wheat		<b>√</b>			1		✓			<b>✓</b>		
Pulled Pork Sandwich		Wheat Rye		✓			<b>√</b>		<b>√</b>	<b>✓</b>		<b>√</b>		

MAIN MENU						Lupin Flour	Milk		MUSTARD			SSAME	- J- S	Boor
Steaks and Grills	Celery	Cereals containing	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide

		gluten								
Sirloin Steak (NGCIA with no onion rings or curlies)		Wheat Barley		✓			1			
Rump Steak (NGCIA with no onion rings or curlies)		Wheat Barley		✓			1			
Mixed Meat Grill	<b>√</b>	Wheat Barley		✓		<b>√</b>	<b>√</b>		<b>√</b>	<b>√</b>
Cajun sauce Ve										
Peppercorn sauce V		<b>√</b>		<b>√</b>		1			✓	
Bearnaise sauce V				✓		<b>√</b>				
Tennessee sauce Ve NGCI										
Blue Cheese V				✓		1				
Barbecue sauce Ve NGCI										
Ranch Dip Ve				✓		<b>√</b>				
Garlic King Prawns NGCI			Prawns			1				<b>√</b>
Breaded Scampi		Wheat	Scampi							
Sauteed Mushrooms Ve NGCI										

MAIN MENU						upin Flour	Milk		MUSTARD					WINE GOOT
Fajitas and Mexican	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sizzling Fajitas (Chicken)		Wheat					<b>√</b>					<b>√</b>		
Sizzling Fajitas (Beef Steak)		Wheat					<b>√</b>					<b>√</b>		
Sizzling Fajitas (King Prawn)		Wheat	Prawns				<b>√</b>					<b>√</b>		
Sizzling Fajitas (Vegetable) <b>V</b>		Wheat					✓					<b>√</b>		
Sizzling Fajitas (Chicken and Beef Combo)		Wheat					✓					<b>√</b>		
Big Burritos (Spicy Chicken)	✓	Wheat					<b>√</b>		✓			<b>√</b>		
Big Burritos (Chilli Beef)		Wheat					✓		✓			<b>√</b>		
Big Burritos (Vegan Chilli) <b>Ve</b>		Wheat							✓			<b>√</b>		
Big Burritos (Pulled Pork)		Wheat					✓		✓			<b>√</b>		
Chilli Al Capone (NGCIA with no tortilla bowl)		Wheat					<b>√</b>							

Vegetarian Chilli (NGCIA with no tortilla bowl) V		Wheat			✓				
Enchiladas (Beef Chilli)		Wheat			✓	✓			
Enchiladas (Spicy Chicken)	✓	Wheat			<b>√</b>	✓			
Enchiladas (Vegetarian Chilli) <b>V</b>		Wheat			✓	✓			

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MAIN MENU						upin Flour	Milk		MUSTARD			in the second se		Gaer WINE
Hot Dogs	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cheese and Bacon Dog		Wheat Rye		✓			<b>√</b>		✓			<b>✓</b>		
Cheese Dog		Wheat Rye		✓			<b>√</b>		<b>√</b>			<b>✓</b>		
Chilli Dog		Wheat Rye		✓			1		1			<b>√</b>		
Pulled Pork Dog		Wheat Rye		<b>√</b>			1		<b>√</b>			<b>√</b>		

MAIN MENU						Lupin Flour	Milk		MUSTARD			SSAM O.		Boor
Chicken and Ribs	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide

Rack of Barbecue Ribs	<b>√</b>	Wheat Barley	✓	<b>✓</b>	✓	✓	<b>✓</b>
Chicken and Mushroom Melt (NGCIA with no curlies)		Wheat	<b>✓</b>	1	1		
Southern Style Fried Chicken	✓	Wheat	✓	✓	✓	<b>√</b>	
Grilled Chicken & Pulled Pork (NGCIA with no curlies)		Wheat	<b>✓</b>	<b>✓</b>	<b>✓</b>	1	
Fatso's Combo with Wings	<b>√</b>	Wheat Barley	✓	✓	✓	<b>√</b>	<b>✓</b>
Fatso's Combo with Southern Chicken Breast	<b>√</b>	Wheat Barley	✓	<b>√</b>	<b>√</b>	<b>√</b>	<b>✓</b>
Barbecue Chicken Melt (NGCIA with no curlies)		Wheat	<b>✓</b>	<b>✓</b>	<b>✓</b>		

MAIN MENU						upin Flour	Milk		MUSTARD			USAM OL		WAE
Sides and Loaded Fries	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Southern Style Gravy		Wheat											✓	
Homemade Coleslaw V NGCI				✓					✓					
Barbecue Bacon Beans														

Battered Onion Rings <b>Ve</b>	Wheat Barley							
Fatso's Corn on the Cob V NGCI			✓					
Mixed Salad Ve (NGCIA order with French dressing)				1				
Caesar Salad	Wheat	✓	✓		Nuts	<b>√</b>	<b>✓</b>	
Garlic Bread V	Wheat Barley Rye Other		✓		<b>✓</b>	<b>✓</b>		1
Cheese Garlic Bread <b>V</b>	Wheat Barley Rye Other		✓		<b>√</b>	<b>√</b>		1
Fatso's Spicy Rice Ve NGCI								
Sweet Potato Fries Ve NGCI								
Curly Fries Ve	Wheat							
Fries Ve NGCI								
Wedges Ve NGCI								
Loaded Cheesy Fries V (NGCIA order with no curlies)	Wheat		✓					

Hot Loaded Cheesy Fries V (NGCIA order with no curlies)	Wheat			✓				
Cheesy Bacon Fries (NGCIA order with no curlies)	Wheat			<b>✓</b>				
Mac and Cheese <b>V</b>	Wheat			<				

Some desserts can be gluten free without a wafer or cookie pieces. Please ask your server for details.

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DESSERTS						Lupin Flour	Milk		MUSTARD			ISSAM ON THE PROPERTY OF THE P		Boor
Ice Cream Sundaes	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Mobster Mint Sundae <b>V</b>		Wheat		✓			<b>√</b>						✓	
Biscoff Sundae		Wheat		<b>√</b>			1			Nuts	<b>✓</b>		✓	
Rocky Road Sundae		Wheat		<b>√</b>			<b>√</b>			Nuts			<b>√</b>	
Chocolate Nut Fudge Sundae V (NGCIA order with no wafer)		Wheat		✓			1			Almonds Walnuts Nuts	Peanuts		✓	
Mallow Sundae (NGCIA order with no wafer)		Wheat		<b>√</b>			<b>√</b>						✓	
Banoffee Sundae V (NGCIA order with no wafer)		Wheat		1			<b>√</b>			Nuts	<b>√</b>		✓	

Bubble Gum and Cotton Candy Sundae		<b>✓</b>	✓	<b>✓</b>	<b>✓</b>	<b>✓</b>	
Giant Celebration Sundae	Wheat Barley	<b>✓</b>	✓			✓	✓
Vegan Banoffee Nut Sundae <b>Ve</b>	Wheat Barley	<b>✓</b>	✓			1	✓
Vegan Fruit Sundae <b>Ve</b>				Almonds Walnuts	Peanuts		

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DESSERTS						upin Flour	Milk		MUSTARD			SSAME		Seer WINE
Patisserie	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chocolate Fudge Cake <b>V</b>		Wheat		✓			✓			Nuts			✓	
Chocolate Fudge Brownies V		Wheat Barley		✓			✓			Walnuts			✓	
Rocky Road Brownies V		Wheat Barley		✓			✓			Nuts			✓	
Biscoff Cheesecake V		Wheat		<b>√</b>			✓			Nuts			✓	<b>√</b>
Mississippi Mud Pie <b>V</b>		Wheat Oats					✓			Nuts			✓	
Tennessee Grasshopper Pie <b>V</b>		Wheat Oats					✓			Nuts			✓	
Toffee Apple Crumble Cheesecake		Wheat		✓			✓						✓	

Red Velvet Cheesecake V	Wheat				<b>✓</b>	
Waffle (Biscoff) V	Wheat	✓	<b>✓</b>		<b>✓</b>	
Waffle (Millionaire's)	Wheat	<b>✓</b>	✓	Nuts	<b>✓</b>	
Waffles (Caramel and Popcorn) <b>V</b>	Wheat	<b>✓</b>	✓	Nuts	✓	
Waffles (Chocolate and Honeycomb) <b>V</b>	Wheat	<b>✓</b>	<b>✓</b>		<b>✓</b>	✓
Waffles (Banoffee) <b>V</b>	Wheat	✓	✓	Nuts	✓	

DESSERTS					Do.	.upin Flour	Milk		MUSTARD			SSEAME		Beer
Milkshakes	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Vanilla V NGCI							✓							
Chocolate V NGCI							1						✓	
Mint V NGCI							<b>√</b>						<b>✓</b>	
Strawberry V NGCI							1							
Honeycomb V				✓			1							

Cookies and Cream			<b>✓</b>				✓	
Salted Caramel V NGCI		✓	✓		Nuts	<b>✓</b>	<b>✓</b>	
Bubble Gum V NGCI			✓		Nuts	<b>√</b>	<b>✓</b>	

DESSERTS						Lupin	Milk		MUSTARD			SOAM		See WINE
Hardshakes	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Strawberry Gin Sling V NGCI							✓							
Pina Colada V NGCI							<b>√</b>			Coconut				
Irish Kiss							<b>√</b>			Nuts			<b>√</b>	
Honey JD V		Barley Rye		✓			✓							
Jager Shake V NGCI				✓			1			Nuts	<b>✓</b>		1	
Bubble Gum Vodka <b>NGCI</b>							<b>√</b>			Nuts	<b>✓</b>		<b>✓</b>	

DESSERTS						Lupin Flour	Milk		MUSTARD			ESAM DE LA CONTRACTION DE LA C		WINE
Freakshakes	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chocolate Fudge Brownie <b>V</b>		Wheat Barley		✓			<b>√</b>						✓	
Oreo Cookie		Wheat Barley					<b>√</b>						✓	
Caramel Donut Mallow		Wheat Oats		✓			<b>√</b>			Nuts	<b>√</b>		✓	
Candy Shop NGCI							<b>√</b>			Coconut				

Coffee						Lupin Flour	Milk		MUSTARD			EAST CONTRACTOR OF THE PARTY OF		Geor WINE
Syrups	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Vanilla Syrup <b>V NGCI</b>														
Caramel Syrup V NGCI														
Hazelnut Syrup V NGCI										Nuts Hazelnuts				

LIGHT LUNCH MENU						.upin Flour	Milk		MUSTARD			ISOM ISOM		Boor
Ciabattas	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
		Wheat												
Tuna Mayonnaise		Barley		✓	Tuna				<b>√</b>			<b>√</b>		
		Rye												
		Wheat												
Prawns in Marie Rose Sauce		Barley	Prawns	✓					<b>√</b>			<b>√</b>		
		Rye												
		Wheat												
Bacon and Cheese		Barley					<b>√</b>		<b>√</b>			<b>√</b>		
		Rye												
		Wheat												
BBQ Chicken Melt		Barley					✓		<b>√</b>			<b>√</b>		
		Rye												

LIGHT LUNCH MENU						upin Flour	Milk		MUSTARD			ISSAM O.		Goor WINE
Wraps	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Vegetable Fajita <b>V</b>		Wheat					✓							
Chicken Fajita		Wheat					<b>√</b>							
Southern Style Fried Chicken	✓	Wheat		✓					<b>√</b>					

Cajun Chicken	Wheat	<b>√</b>			<b>√</b>			
Chicken Caesar	Wheat	<b>√</b>		✓				

LIGHT LUNCH MENU						.upin Flour	Milk		MUSTARD			USAW OL	6	Goor
Loaded Skins	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Fatso's Beef Chilli <b>NGCI</b>							✓		✓			<b>√</b>		
Bacon and Cheese NGCI							<b>√</b>		<b>√</b>			<b>√</b>		
Pulled Pork NGCI							1		✓			<b>✓</b>		

LIGHT LUNCH MENU						Lupin	Milk		MUSTARD			SEAM!	£ 2	Boor WINE
Loaded Fries	Celery	Cereals containing	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide

	glut	n						
Loaded Cheesy Fries V (NGCIA order with no curlies)	Whe	at		✓				
Hot Loaded Cheesy Fries V (NGCIA order with no curlies)	Whe	at		<b>✓</b>				
Cheesy Bacon Fries (NGCIA order with no curlies)	Whe	at		✓				

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LIGHT LUNCH MENU						Lupin Flour	Milk		MUSTARD			SSAME O.	£	Boor
Jackets	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Trio of Cheeses V NGCI							✓		<b>√</b>					
Tuna Mayonnaise NGCI				<b>√</b>	Tuna		✓		✓					
Homemade Coleslaw V NGCI				<b>√</b>			✓		<b>√</b>					
Baked Beans V NGCI							<b>✓</b>		✓					
Beef Chilli NGCI							✓		✓					

Cheese Sauce and bacon bits		<b>✓</b>	✓		
Vegetable Chilli V NGCI		<b>✓</b>	✓		

LIGHT LUNCH MENU						Lupin Flour	Milk		MUSTARD			ESAM DE LA CONTRACTION DE LA C		WINE Sacr
Lunch Specials	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Hot Chicken Wings	<b>√</b>	Wheat Barley		✓			1		✓				✓	<b>√</b>
Barbecue Ribs	<b>√</b>	Wheat Barley					<b>✓</b>		<b>√</b>				✓	<b>√</b>
Fatso's Chilli and Rice NGCI							<b>√</b>							
Fatso's Vegetable Chilli and Rice V NGCI							1							

Brunch	Wheat	<b>✓</b>			<b>√</b>			✓	✓
Cajun Chicken Caesar Salad	Wheat	<b>✓</b>		<b>√</b>	✓	Nuts	<b>√</b>	<b>✓</b>	

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KIDS' MENU						upin Flour	Milk		MUSTARD			SSAM OL	- 100 C	Boor
Main Courses	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Barbecue Ribs	<b>√</b>	Wheat Barley					<b>√</b>		<b>√</b>				<b>√</b>	<b>√</b>
Margherita Pizza <b>V</b>		Wheat					<b>√</b>		<b>√</b>				<b>√</b>	
Jumbo Hot Dog		Wheat Rye		<b>√</b>			<b>√</b>					<b>√</b>	<b>√</b>	<b>√</b>
Fish Fingers		Wheat			✓									
Junior Burger (NGCIA with NGCI bun, no curlies)		Wheat		✓								✓		
Junior Cheeseburger (NGCIA with NGCI bun, no curlies)		Wheat		<b>√</b>			<b>√</b>					1		
Mac & Cheese Bites V		Wheat Gluten		✓			✓						<b>√</b>	
Monterey Mac & Cheese with Garlic Bread		Wheat Barley Rye					1			<b>√</b>		<b>√</b>		

	Gluten							
	Wheat							
Chicken	Barley							
Chicken Nuggets	Rye						<b>~</b>	
	Oats							

KIDS' MENU					D.	Lupin Flour	Milk		MUSTARD			SSAMI	£	Beer
Desserts	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
DIY Sundae		Wheat		✓			<b>√</b>						✓	
Chocolate DIY		Wheat		✓			<b>√</b>						✓	
Strawberry DIY		Wheat		✓			<b>√</b>						✓	
Fruit Salad Ve														
Bananas & Ice Cream V NGCI							<b>√</b>							
Dipping Donuts V		Wheat Oats		✓			<b>√</b>						<b>√</b>	