

Non Gluten Containing Ingredients Menu

When ordering from this menu you must inform your server that you require a **NGCI**

Please be aware due to the presence of allergenic ingredients in some products and in our kitchens there is a small possibility that allergen traces may be found in any item. Cooking equipment (e.g grills, fryers etc) and food preparation areas may be shared. It is possible that any fried items you select from this guide may have been cooked in the same frying oil as items containing allergens, meat and dairy dishes. Therefore it is impossible to fully guarantee that your meal has not accidentally come into contact with an undeclared allergen. If you are concerned about allergies or cross-contamination of the food you wish to order please speak to a manager. Detailed allergen information is available online at www.fatsos.net.

APPETISERS

Prawn Cocktail **GFLA**

North Atlantic prawns served on a bed of salad leaves with Marie Rose dressing. £7.95

For **GFLA** order with no bread.



Loaded Skins **GFI**

Potato skins filled with bacon and cheese or pulled pork, served with sour cream and salsa dips. £7.45

Halloumi Fries **V GFI**

Grilled Cypriot cheese sticks served with a sweet chilli dipping sauce. £6.75

STEAKS AND GRILLS

All our prime British steaks and grills are served with mushrooms, dressed salad garnish, homemade coleslaw and choice of jacket potato, wedges or regular fries.

For **GFLA** order without onion rings.

Sirloin Steak **GFLA**

8oz succulent steak with a hearty flavour. £22.95

Rump Steak **GFLA**

12oz full-flavoured steak with a firm texture. £21.95



CHICKEN

All dishes served with dressed salad garnish, homemade coleslaw and **GFI** choice of jacket potato, wedges or regular fries.

For **GFLA** order with a french dressing only.

Chicken and Mushroom Melt **GFLA**

Chicken breast topped with melted cheese and sautéed fresh mushrooms. £15.25

Grilled Chicken & Pulled Pork **GFLA**

Chargrilled chicken breast topped with our smokie barbecue pulled pork and a silky, creamy, smooth cheese sauce. £16.45

Barbecue Chicken Melt **GFLA**

A succulent chicken breast brushed in Mama's sweet 'n' smokie barbecue sauce and topped with bacon and cheese. £15.95

APPETISERS TO SHARE

Cheesy Nachos **V GFI**

Crunchy corn tortillas topped with trio of cheeses: mozzarella, red cheddar, and a silky, creamy, smooth cheese sauce. Served with salsa, creamy guacamole and sour cream. £9.45

Ultimate Nachos **V GFI**

Crunchy corn tortillas topped with trio of cheeses: mozzarella, cheddar, and a silky, creamy, smooth cheese sauce. Served with salsa, creamy guacamole, sour cream and spicy jalapeño peppers. Laden with your choice of:

- BBQ Pulled Pork £13.95 - Vegetable Chilli £13.45

- Fatsos Spicy Chicken £13.95 - Beef Chilli £14.45

HOT IT UP - ADD JALAPEÑOS FOR ONLY £1.50 EXTRA!

EXTRAS, SAUCES & SEASONINGS:

Cajun £1.25 **V GFI**

Béarnaise £2.45 **V GFI**

Tennessee £1.95 **V GFI**

Blue Cheese Dip £1.95 **V GFI**

Creamy Cheese Sauce £2.50 **V GFI**

Barbecue Sauce £1.95 **V GFI**

Garlic King Prawns £4.95 **GFI**

Sautéed Mushrooms £3.95 **V GFI**

GFI choice of potatoes includes jacket potato, wedges, regular fries.

UPGRADE TO LOADED FRIES £1.75 EXTRA

MEXICAN

Vegetarian Chilli **V GFLA**

Spicy tomato and vegetable chilli, topped with cheese and sour cream served with spicy rice. £14.45

Chilli Al Capone **GFLA**

Spicy hot chilli homemade to our special recipe topped with cheese and sour cream. Served with spicy rice. £16.95

For **GFLA** order with corn nachos (not tortilla bowl)

FISH AND SEAFOOD

All dishes served with your **GFI** choice of jacket potato, wedges or regular fries.

Salmon Béarnaise **GFLA**

Salmon fillet topped with a creamy béarnaise sauce, served with dressed salad garnish and homemade coleslaw. £17.45

Cajun Salmon **GFLA**

Salmon fillet cooked in Cajun spices, served with dressed salad garnish, coleslaw and your choice of potatoes. £16.95

BURGERS

Flame grilled 100% prime British beef steak burgers, served in a **gluten free** bun with mayonnaise, homemade coleslaw and **GFI** choice of jacket potato, wedges or regular fries.

DOUBLE STACK ANY BURGER FOR ONLY £3.45

Deluxe **GFLA**

With lettuce, tomato and dill pickle. £12.95

Cheese Deluxe **GFLA**

Topped with melted cheese. £13.45

C & B **GFLA**

Melted cheese and bacon. £14.45

Sea & Land **GFLA**

With Atlantic prawns in a Marie Rose dressing. £15.75

Pulled Pork **GFLA**

Topped with barbecued pulled pork, fried red onions and melted cheese. £15.45

Vegetarian Halloumi Cheese **V GFLA**

Deep fried Cypriot cheese with tangy sweet chilli sauce. £13.95

For **GFLA** order with a gluten free bun

Manhattan Chicken **GFLA**

Chargrilled chicken breast with melted cheese, bacon and Mama's sweet 'n' smokie barbecue sauce. £14.95

Spicy Chilli **GFLA**

Smothered in our own special homemade recipe chilli, topped with sour cream. £15.75

Cheese and Mushroom **GFLA**

Melted cheese and sautéed fresh mushrooms. £14.45

Blues & Bacon **GFLA**

With bacon and creamy blue cheese. £14.75

Smokie **GFLA**

Sizzling bacon and with Mama's sweet 'n' smokie barbecue sauce - a real blaster! £13.95

Fiery Jalapeño **GFLA**

Jalapeño chillies with melted cheese, fiery tomato salsa and sour cream. £14.65

SALADS

Cajun Salmon Salad **GFLA**

Cajun spiced chargrilled salmon fillet served on a mixed salad of crisp lettuce, cucumber, tomatoes, mixed peppers and red onions. £15.45

Fatso's Vegetarian Combo Salad **V GFLA**

Heaps of fresh garden salad served with a jacket potato and grated mixed cheese. £12.45

Cajun Chicken Caesar Salad **V GFLA**

Full breast of sliced grilled Cajun chicken served with Romaine Lettuce tossed in caesar dressing with shaved parmesan. £14.95

SIDES & LOADED FRIES

Homemade Coleslaw £3.95 **V GFI**

Corn on the Cob £3.75 **V GFI**

Barbecue Bacon Beans £3.95 **V GFI**

Mixed or Caesar Salad £4.95 **V Ve GFLA**

Fatso's Spicy Rice £3.75 **V Ve GFI**

Loaded Cheesy Fries £4.25 **V GFLA**

Topped with a silky, creamy, smooth cheese sauce. For **GFLA** order with regular fries only.

Hot Loaded Cheesy Fries £4.75 **V GFLA**

Topped with jalapeños and a silky, creamy, smooth cheese sauce. For **GFLA** order with regular fries only.

Cheesy Bacon Fries £4.95 **GFLA**

Topped with bacon bits and a silky, creamy, smooth cheese sauce. For **GFLA** order with regular fries only.