

Fatso's Allergen Information

This guide is provided to enable you to make your own decision on menu choice. We are unable to recommend or inform you what is suitable for you to eat. The descriptions on our menus do not include all ingredients or allergens, therefore always check the allergen guide to identify suitable dishes.

The information in this allergen guide is based on supplier specifications and recipe information. **Please be aware that this allergen information is subject to change, therefore ensure that you check it each time you visit. You will need to make sure you personally inform a Manager of your specific allergy dietary requirements, before you place your order. You need to do this every time you dine with us, even if you have previously eaten the dish.** This way we can ensure that extra attention to detail is taken when preparing your meal, in order to help prevent allergen cross-contamination.

Accompaniments and standard garnishes are included, unless specified. Items that are added as an additional self-selection choice or upgrade must be reviewed and added to the base information.

We regularly review the allergen data available to us. Although the circumstances in which a product is made, stored or packaged and distributed may change without our knowledge.

Not all products and dishes are available at all sites and are subject to change without prior warning.

Cross-contamination:

Please be aware that in our kitchen we handle food products containing, celery, cereals containing gluten, crustaceans, eggs, fish, lupin, milk, mollusc, mustard, nuts, peanuts, sesame seeds, soya, sulphur dioxide and derivatives of these allergens. Therefore it is impossible to fully guarantee that your meal has not accidentally come into contact with an undeclared allergen.

Cooking equipment (e.g grills, fryers etc) and food preparation areas may be shared. It is possible that any fried items you select from this guide may have been cooked in the same frying oil as items containing allergens, meat and dairy dishes.

Please ask a Manager if you would like additional information regarding our cooking methods and policy. If you are concerned about allergen cross-contamination of the food you wish to order please inform a Manager.

As part of the legislation on The Provision of Food Information to Consumers, Regulation EU 1169/2011, we only highlight allergenic ingredients if they are intentionally added to a product.

Cereals and Gluten:

The information in our allergen guide relating to "cereals containing gluten" is applicable to wheat, rye, barley, oats, spelt, kamut and the hybridised strains and products thereof. For identification of these specific cereals containing the gluten. Please request to see the product label/recipe.

We cannot guarantee the total absence of allergens in our dishes.



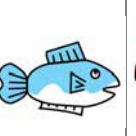



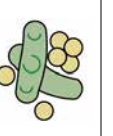
Ve Vegan

V Vegetarian

GFI Gluten Free Ingredient



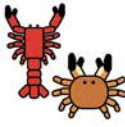


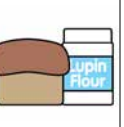


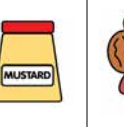
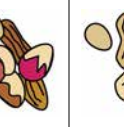
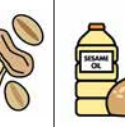
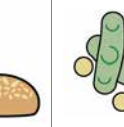
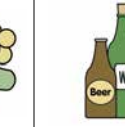

GFlA Gluten Free Ingredient Alternative – See GFI menu

DISHES AND THEIR ALLERGEN CONTENT - FATSO'S



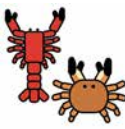

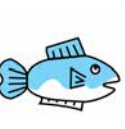
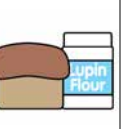


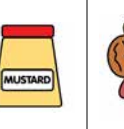
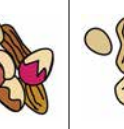

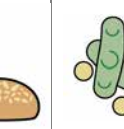
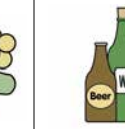

MAIN MENU														
Appetisers	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Prawn Cocktail		✓	✓	✓			✓							
Jalapeno Popcorn Shrimp	✓	✓	✓						✓					✓
Breaded Mozzarella Sticks V		✓		✓			✓		✓					✓
Crispy Chicken Goujons		✓							✓					✓
Loaded Skins pulled pork GFI							✓		✓					✓
Loaded Skins cheese and bacon GFI							✓		✓					✓
Loaded Skins beef chilli GFI	✓						✓		✓					✓
Breaded Mac & Cheese Bites V	✓	✓		✓			✓		✓				✓	✓
Battered King Prawns		✓	✓						✓				✓	✓
Barbecue Ribs GFI									✓				✓	✓
Crispy Mushrooms V		✓		✓					✓					✓

Chicken Wings GFI	✓						✓		✓				✓	✓
Chilli Poppers V		✓					✓		✓				✓	✓
Garlic Bread V		✓					✓							
Cheese Garlic Bread V		✓					✓							



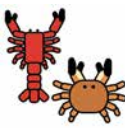


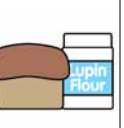


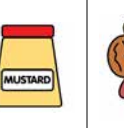
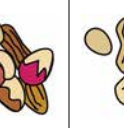
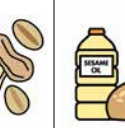
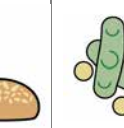
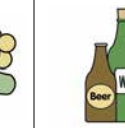

DISHES AND THEIR ALLERGEN CONTENT - FATSO'S

MAIN MENU														
Appetisers to Share	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Bucket of Wings GFI	✓						✓		✓				✓	✓
Party Platter		✓		✓			✓		✓				✓	
Hot 'n' Spicy Platter	✓	✓	✓				✓						✓	
Cheesy Nachos VGFI							✓						✓	
Ultimate Nachos VGFI	✓						✓		✓				✓	

DISHES AND THEIR ALLERGEN CONTENT - FATSO'S

MAIN MENU														
Fish & Seafood	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Scampi		✓	✓	✓			✓		✓					✓
Salmon Bearnaise GFIA		✓		✓	✓		✓		✓					✓
Seafood Combo		✓	✓	✓			✓		✓					✓
Cajun Salmon & Prawn Kebab GFIA		✓	✓		✓		✓		✓					✓

DISHES AND THEIR ALLERGEN CONTENT - FATSO'S

MAIN MENU														
Salads	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cajun Chicken Caesar Salad		✓		✓	✓		✓		✓					
Cajun Salmon Salad GFIA		✓			✓				✓					✓
Seafood Salad		✓	✓		✓		✓		✓					✓















Fatso's Vegetarian Combo Salad V GFIA		✓		✓			✓		✓					✓
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DISHES AND THEIR ALLERGEN CONTENT - FATSO'S

MAIN MENU														
Burgers	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Deluxe GFIA		✓		✓			✓		✓			✓	✓	✓
Cheese Deluxe GFIA		✓		✓			✓		✓			✓	✓	✓
C & B GFIA		✓		✓			✓		✓			✓	✓	✓
Sea & Land GFIA		✓	✓	✓			✓		✓			✓	✓	✓
Pulled Pork GFIA		✓		✓			✓		✓			✓	✓	✓
Fiery Jalapeno GFIA		✓		✓			✓		✓			✓	✓	✓
Spicy Chilli GFIA	✓	✓		✓			✓		✓			✓	✓	✓
Cheese and Mushroom GFIA		✓		✓			✓		✓			✓	✓	✓
Blues & Bacon GFIA		✓		✓			✓		✓			✓	✓	✓



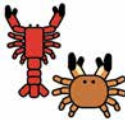


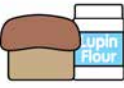








Smokie GFIA		✓		✓			✓		✓			✓	✓	✓
The Big Boss		✓		✓			✓		✓				✓	✓
Cajun Chicken		✓		✓	✓		✓		✓				✓	
Southern Style Chicken	✓	✓		✓			✓		✓				✓	
Cheesy Nut V		✓		✓			✓		✓	✓			✓	

DISHES AND THEIR ALLERGEN CONTENT - FATSO'S

MAIN MENU														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicago Club Sandwich		✓		✓			✓							
Steak Wrapper		✓		✓			✓		✓					✓
Philly Steak Sandwich		✓		✓			✓		✓					✓
Chicken & Cheese Quesadilla		✓		✓			✓							
Pulled Pork Sandwich		✓		✓			✓		✓					✓



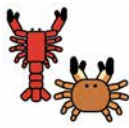











Blue Cheese sauce VGFI							✓							
Barbecue sauce VGFI									✓					
Garlic King Prawns GFI			✓				✓							
Breaded Scampi		✓	✓				✓							
Sauteed Mushrooms VGFI							✓							

DISHES AND THEIR ALLERGEN CONTENT - FATSO'S

MAIN MENU														
Fajitas and Mexican	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sizzling Fajitas (Chicken)		✓					✓							
Sizzling Fajitas (Beef Steak)		✓					✓							
Sizzling Fajitas (King Prawn)		✓	✓				✓							
Sizzling Fajitas (Vegetable) V		✓					✓							
Sizzling Fajitas (Chicken and Beef Combo)		✓					✓							
Big Burritos (Spicy Chicken)	✓	✓					✓		✓					✓

Big Burritos (Chilli Beef)	✓	✓					✓		✓					✓
Big Burritos (Veggie Chilli) ✓	✓	✓					✓		✓					✓
Big Burritos (Pulled Pork)		✓					✓		✓					✓
Chilli Al Capone	✓	✓					✓							
Vegetarian Chilli ✓	✓	✓					✓							
Enchiladas (Beef Chilli)	✓	✓					✓		✓					✓
Enchiladas (Spicy Chicken)	✓	✓					✓		✓					✓
Enchiladas (Vegetarian Chilli) ✓	✓	✓					✓		✓					✓

DISHES AND THEIR ALLERGEN CONTENT - FATSO'S

MAIN MENU														
Hot Dogs	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cheese and Bacon Dog		✓		✓			✓						✓	
Wild Dog	✓	✓		✓			✓						✓	
Chilli Dog	✓	✓		✓			✓						✓	

Pulled Pork Dog		✓		✓			✓		✓				✓	
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DISHES AND THEIR ALLERGEN CONTENT - FATSO'S



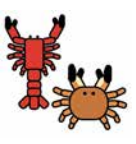

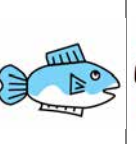
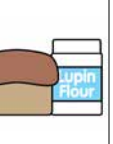




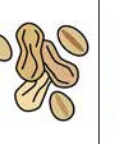

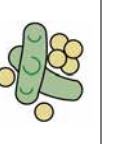

MAIN MENU														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Rack of Barbecue Ribs GFIA		✓		✓					✓				✓	
Chicken and Mushroom Melt GFIA		✓		✓			✓		✓					✓
Southern Style Fried Chicken	✓	✓		✓			✓		✓					✓
Grilled Chicken & Pulled Pork GFIA		✓					✓		✓				✓	✓
Hot Piri-Piri Half Chicken GFIA		✓		✓			✓		✓					✓
Hot Piri-Piri Half Chicken & Ribs GFIA		✓		✓			✓		✓				✓	✓
Fatso's Combo with Wings GFIA		✓		✓			✓		✓				✓	✓
Fatso's Combo with Southern Chicken Breast	✓	✓		✓			✓		✓				✓	✓
Barbecue Chicken Melt GFIA		✓					✓		✓					✓

DISHES AND THEIR ALLERGEN CONTENT - FATSO'S

Loaded Cheesy Fries VG FIA		✓					✓						✓	
Hot Loaded Cheesy Fries VG FIA		✓					✓						✓	
Cheesy Bacon Fries G FIA		✓					✓						✓	



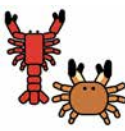


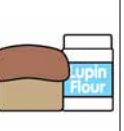


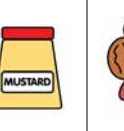

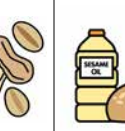
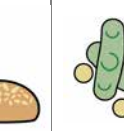
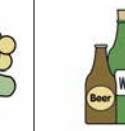

Some desserts can be gluten free without a wafer or cookie pieces. Please ask your server for details.

DISHES AND THEIR ALLERGEN CONTENT - FATSO'S



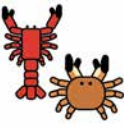

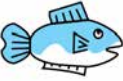
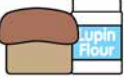








DESSERTS														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Ice Cream Sundaes														
Mobster Mint Sundae V		✓		✓			✓			✓			✓	
Rocky Road Sundae V		✓		✓			✓						✓	
Chocolate Nut Sundae VG FI							✓			✓			✓	
Mallow Sundae G FI							✓							
Banoffee Sundae V G FIA		✓		✓			✓						✓	
Fairground Popping Candy Sundae G FIA		✓		✓			✓						✓	

	gluten													
Vanilla VGFI							✓							
Chocolate VGFI							✓						✓	
Mint VGFI							✓						✓	
Strawberry VGFI							✓							
Honeycomb VGFI							✓						✓	
Popping Candy VGFI							✓							
Cookies and Cream V		✓					✓							
Salted Caramel VGFI							✓							





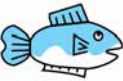
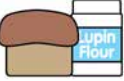








DISHES AND THEIR ALLERGEN CONTENT - FATSO'S

DESSERTS														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Strawberry Gin Sling VGFI							✓							
Pina Colada VGFI							✓							

Irish VGFI								✓						
Honey JD VGFI								✓					✓	
Jager Shake VGFI								✓						



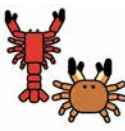


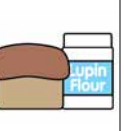

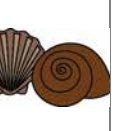
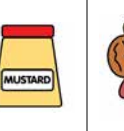
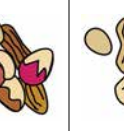

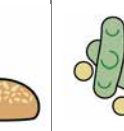
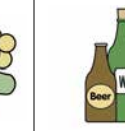

Coffee														
Syrups	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Vanilla Syrup VGFI														
Caramel Syrup VGFI														
Hazelnut Syrup VGFI										✓				

DISHES AND THEIR ALLERGEN CONTENT - FATSO'S



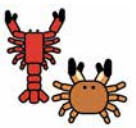











LIGHT LUNCH MENU														
Ciabattas	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Mayonnaise		✓		✓	✓				✓					✓

Prawns in Marie Rose Sauce		✓	✓	✓					✓					✓
Bacon and Cheese		✓						✓	✓					✓
BBQ Chicken Melt		✓						✓	✓					✓



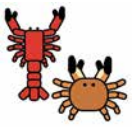











DISHES AND THEIR ALLERGEN CONTENT - FATSO'S

LIGHT LUNCH MENU														
Wraps	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Vegetable Fajita V		✓					✓							
Beef Fajita		✓					✓							
Chicken Fajita		✓					✓							
Southern Style Fried Chicken		✓		✓										
Cajun Chicken		✓		✓										
Chicken Caesar		✓												


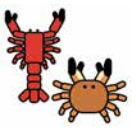











DISHES AND THEIR ALLERGEN CONTENT - FATSO'S

LIGHT LUNCH MENU														
Loaded Skins	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Fatso's Beef Chilli GFI	✓						✓		✓					✓
Bacon and Cheese GFI							✓		✓					✓
Pulled Pork GFI							✓		✓					✓

DISHES AND THEIR ALLERGEN CONTENT - FATSO'S



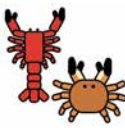


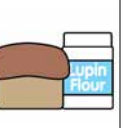


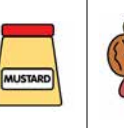
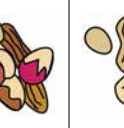
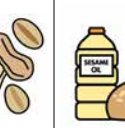
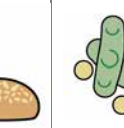
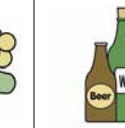

LIGHT LUNCH MENU														
Loaded Fries	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Loaded Cheesy Fries VGFI		✓					✓						✓	
Hot Loaded Cheesy Fries VGFI		✓					✓						✓	
Cheesy Bacon Fries GFI		✓					✓						✓	

DISHES AND THEIR ALLERGEN CONTENT - FATSO'S



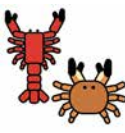

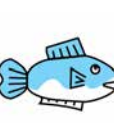
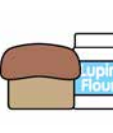








LIGHT LUNCH MENU														
Jackets	Celery	Cereals containing	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide

		gluten												
Trio of Cheeses VGFI							✓		✓					✓
Tuna Mayonnaise GFI				✓	✓				✓					✓
Homemade Coleslaw VGFI				✓					✓					✓
Baked Beans VGFI									✓					✓
Beef Chilli GFI	✓								✓					✓
Vegetable Chilli VGFI	✓								✓					✓



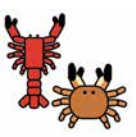

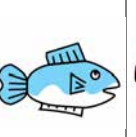





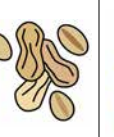

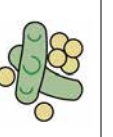

DISHES AND THEIR ALLERGEN CONTENT - FATSO'S

LIGHT LUNCH MENU														
Quesadillas	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Vegetable Quesadilla V		✓												
Chicken Quesadilla		✓					✓							
Bacon Quesadilla		✓					✓							



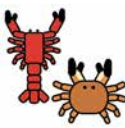

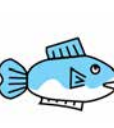
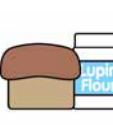








DISHES AND THEIR ALLERGEN CONTENT - FATSO'S

LIGHT LUNCH MENU														
Lunch Specials	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Hot Chicken Wings GFI				✓			✓		✓				✓	
Barbecue Ribs GFI									✓				✓	
Fatso's Chilli and Rice GFI	✓						✓							
Fatso's Vegetable Chilli and Rice VGFI	✓						✓							
Brunch		✓		✓										✓
Scampi		✓	✓	✓			✓							
Cajun Chicken Caesar Salad		✓		✓	✓		✓		✓					
Cheesy Nut Burger V		✓		✓			✓			✓			✓	
C & B Burger GFIA		✓		✓			✓						✓	✓
Smokie Burger GFIA		✓		✓			✓			✓			✓	✓
Cheese and Bacon Dog		✓		✓			✓						✓	
Chilli Dog	✓	✓		✓			✓						✓	

DISHES AND THEIR ALLERGEN CONTENT - FATSO'S

KIDS' MENU														
Main Courses	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Barbecue Ribs		✓							✓				✓	
Margherita Pizza V		✓					✓							
Jumbo Hot Dog		✓		✓			✓							✓
Fish Fingers		✓			✓									
Junior Burger (Halal)		✓		✓			✓						✓	✓
Junior Cheeseburger (Halal)		✓		✓			✓						✓	✓
Veggie Fajita Wraps V		✓					✓							
Chicken Fajita Wraps		✓					✓							
Mac & Cheese Bites V		✓		✓			✓						✓	
Chicken Nuggets		✓												

DISHES AND THEIR ALLERGEN CONTENT - FATSO'S

KIDS' MENU														
Desserts	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
DIY Sundae		✓					✓						✓	
Fruit Salad VeGFI														
Bananas & Ice Cream VeGFI							✓						✓	