

Fatso's Allergen information

This guide is provided to enable you to make your own decision on menu choice. We are unable to recommend or inform you what is suitable for you to eat. The descriptions on our menus do not include all ingredients or allergens, therefore always check the allergen guide to identify suitable dishes.

The information in this allergen guide is based on supplier specifications and recipe information. **Please be aware that this allergen information is subject to change, therefore ensure that you check it each time you visit.**

You will need to make sure you personally inform a Manager of your specific allergy dietary requirements, before you place your order. You need to do this every time you dine with us, even if you have previously eaten the dish. This way we can ensure that extra attention to detail is taken when preparing your meal, in order to help prevent allergen cross-contamination.

Accompaniments and standard garnishes are included, unless specified. Items that are added as an additional self-selection choice or upgrade must be reviewed and added to the base information.

We regularly review the allergen data available to us. Although the circumstances in which a product is made, stored or packaged and distributed may change without our knowledge.

Not all products and dishes are available at all sites and are subject to change without prior warning.

Cross-contamination:

Please be aware that in our kitchen we handle food products containing, celery, cereals containing gluten, crustaceans, eggs, fish, lupin, milk, mollusc, mustard, nuts, peanuts, sesame seeds, soya, sulphur dioxide and derivatives of these allergens. Therefore it is impossible to fully guarantee that your meal has not accidentally come into contact with an undeclared allergen.

Cooking equipment (e.g grills, fryers etc) and food preparation areas may be shared. It is possible that any fried items you select from this guide may have been cooked in the same frying oil as items containing allergens, meat and dairy dishes.

Please ask a Manager if you would like additional information regarding our cooking methods and policy. If you are concerned about allergen cross-contamination of the food you wish you order please inform a Manager

As part of the legislation on The Provision of Food Information to Consumers, Regulation EU 1169/2011, we only highlight allergenic ingredients if they are intentionally added to a product.

Cereals and Gluten:

The information in our allergen guide relating to "cereals containing gluten" is applicable to wheat, rye, barley, oats, spelt, kamut and the hybridised strains and products thereof. For identification of these specific cereals containing the gluten. Please request to see the product label/recipe.



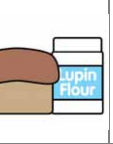
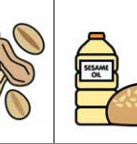
We cannot guarantee the total absence of allergens in our dishes.

Ve Vegan

V Vegetarian





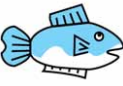
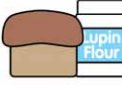








GF Ingredients do not contain gluten

DISHES AND THEIR ALLERGEN CONTENT - FATSO'S




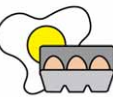










MAIN MENU														
Appetisers	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Prawn Cocktail		✓	✓	✓			✓							
Jalapeno Popcorn Shrimp	✓	✓	✓						✓					✓
Breaded Mozzarella Sticks V		✓		✓			✓		✓					✓
Crispy Chicken Goujons		✓							✓					✓
Loaded Skins pulled pork GF							✓		✓					✓
Loaded Skins cheese and bacon GF							✓		✓					✓
Loaded Skins beef chilli GF	✓						✓		✓					✓
Breaded Mac & Cheese Bites V	✓	✓		✓			✓		✓				✓	✓
Battered King Prawns		✓	✓						✓				✓	✓
Barbecue Ribs GF									✓				✓	✓
Crispy Mushrooms V		✓		✓					✓					✓

Chicken Wings	✓	✓					✓		✓					✓
Chilli Poppers V		✓					✓		✓				✓	✓
Garlic Bread V		✓					✓							
Cheese Garlic Bread V		✓					✓							















DISHES AND THEIR ALLERGEN CONTENT - FATSO'S

MAIN MENU														
Appetisers to Share	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Bucket of Wings	✓	✓					✓		✓					✓
Party Platter		✓		✓			✓		✓				✓	
Hot 'n' Spicy Platter	✓	✓	✓				✓						✓	
Cheesy Nachos VGF							✓						✓	
Ultimate Nachos VGF	✓						✓		✓				✓	

DISHES AND THEIR ALLERGEN CONTENT - FATSO'S

MAIN MENU														
Fish & Seafood	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Scampi		✓	✓	✓			✓		✓					✓
Salmon Bearnaise (GF without curlies)		✓		✓	✓		✓		✓					✓
Seafood Combo		✓	✓	✓			✓		✓					✓
Cajun Salmon & Prawn Kebab (GF without curlies)		✓	✓		✓		✓		✓					✓

DISHES AND THEIR ALLERGEN CONTENT - FATSO'S

MAIN MENU														
Salads	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cajun Chicken Caesar Salad		✓		✓	✓		✓		✓					
Cajun Salmon Salad GF					✓				✓					✓
Seafood Salad		✓	✓		✓		✓		✓					✓



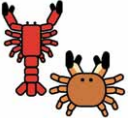

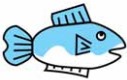
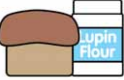








Fatso's Vegetarian Combo Salad V GF				✓			✓		✓					✓
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DISHES AND THEIR ALLERGEN CONTENT - FATSO'S

MAIN MENU														
Burgers	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Deluxe		✓		✓			✓		✓				✓	✓
Cheese Deluxe		✓		✓			✓		✓				✓	✓
C & B		✓		✓			✓		✓				✓	✓
Sea & Land		✓	✓	✓			✓		✓				✓	✓
Pulled Pork		✓		✓			✓		✓				✓	✓
Fiery Jalapeno		✓		✓			✓		✓				✓	✓
Spicy Chilli	✓	✓		✓			✓		✓				✓	✓
Mushroom Jack		✓		✓			✓		✓				✓	✓
Blues & Bacon		✓		✓			✓		✓				✓	✓



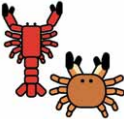

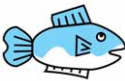
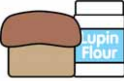








Smokie		✓		✓			✓		✓				✓	✓
The Big Boss		✓		✓			✓		✓				✓	✓
Cajun Chicken		✓		✓	✓		✓		✓				✓	
Southern Style Chicken	✓	✓		✓			✓		✓				✓	
Cheesy Nut V		✓		✓			✓		✓	✓			✓	

DISHES AND THEIR ALLERGEN CONTENT - FATSO'S

MAIN MENU														
Sandwiches	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicago Club Sandwich		✓		✓			✓							
Steak Wrapper		✓		✓			✓		✓					✓
Philly Steak Sandwich		✓		✓			✓		✓					✓
Chicken & Cheese Quesadilla		✓		✓			✓							
Pulled Pork Sandwich		✓		✓			✓		✓					✓





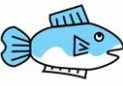
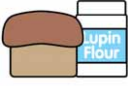








Blue Cheese sauce VGF							✓							
Barbecue sauce VGF									✓					
Garlic King Prawns GF			✓				✓							
Breaded Scampi		✓	✓				✓							
Sauteed Mushrooms VGF							✓							

DISHES AND THEIR ALLERGEN CONTENT - FATSO'S

MAIN MENU														
Fajitas and Mexican	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sizzling Fajitas (Chicken)		✓					✓							
Sizzling Fajitas (Beef Steak)		✓					✓							
Sizzling Fajitas (King Prawn)		✓	✓				✓							
Sizzling Fajitas (Vegetable) V		✓					✓							
Sizzling Fajitas (Chicken and Beef Combo)		✓					✓							
Big Burritos (Spicy Chicken)	✓	✓					✓		✓					✓



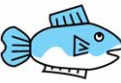
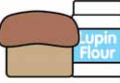


Big Burritos (Chilli Beef)	✓	✓					✓		✓					✓
Big Burritos (Veggie Chilli) ✓	✓	✓					✓		✓					✓
Big Burritos (Pulled Pork)		✓					✓		✓					✓
Chilli Al Capone	✓	✓					✓							
Vegetarian Chilli ✓	✓	✓					✓							
Enchiladas (Beef Chilli)	✓	✓					✓		✓					✓
Enchiladas (Spicy Chicken)	✓	✓					✓		✓					✓
Enchiladas (Vegetarian Chilli) ✓	✓	✓					✓		✓					✓

DISHES AND THEIR ALLERGEN CONTENT - FATSO'S

MAIN MENU														
Hot Dogs	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cheese and Bacon Dog		✓		✓			✓						✓	
Wild Dog	✓	✓		✓			✓						✓	
Chilli Dog	✓	✓		✓			✓						✓	

Pulled Pork Dog		✓		✓			✓		✓				✓	
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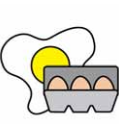
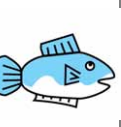
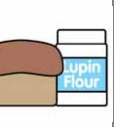


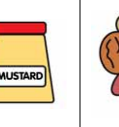
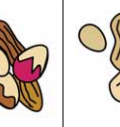

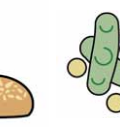
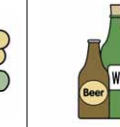

DISHES AND THEIR ALLERGEN CONTENT - FATSO'S

MAIN MENU														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Rack of Barbecue Ribs (GF without curlies)		✓		✓					✓				✓	
Monterey Chicken (GF without curlies)		✓		✓			✓		✓					✓
Southern Style Fried Chicken	✓	✓		✓			✓		✓					✓
Grilled Chicken & Pulled Pork (GF without curlies)		✓					✓		✓				✓	✓
Hot Piri-Piri Half Chicken (GF without curlies)		✓		✓			✓		✓					✓
Hot Piri-Piri Half Chicken & Ribs (GF without curlies)		✓		✓			✓		✓				✓	✓
Fatso's Combo with Wings (GF without curlies)		✓		✓			✓		✓				✓	✓
Fatso's Combo with Chicken Breast (GF without curlies)	✓	✓		✓			✓		✓				✓	✓
Barbecue Chicken Melt (GF without curlies)		✓					✓		✓					✓

Fries VeGF														
Wedges VeGF														
Loaded Cheesy Fries VGf							✓						✓	
Hot Loaded Cheesy Fries VGf							✓						✓	
Cheesy Bacon Fries GF							✓						✓	
Loaded Curly Fries V		✓					✓						✓	
Hot Loaded Curly Fries V		✓					✓						✓	
Cheesy Bacon Curlies		✓					✓						✓	



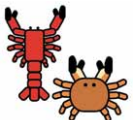


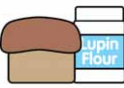








Some desserts can be gluten free without a wafer or cookie pieces. Please ask your server for details.

DISHES AND THEIR ALLERGEN CONTENT - FATSO'S

DESSERTS														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Mobster Mint Sundae V		✓		✓			✓			✓			✓	
Rocky Road Sundae V		✓		✓			✓						✓	

Chocolate Nut Sundae VGF							✓			✓			✓	
Mallow Sundae GF							✓							
Banoffee Sundae V		✓		✓			✓						✓	
Fairground Popping Candy Sundae		✓		✓			✓						✓	
Giant Celebration Sundae		✓		✓			✓			✓			✓	✓















DISHES AND THEIR ALLERGEN CONTENT - FATSO'S

DESSERTS														
Patisserie	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
OMG! Chocolate Fudge Cake V		✓		✓			✓						✓	
Chocolate Fudge Brownies V		✓		✓			✓			✓			✓	
The Wonder-Waffle		✓		✓			✓			✓			✓	
Cookies & Cream Pie V		✓		✓			✓						✓	
Salted Caramel Cheesecake V		✓		✓			✓						✓	
Belgian Waffles & Cream V		✓		✓			✓						✓	















DISHES AND THEIR ALLERGEN CONTENT - FATSO'S

DESSERTS														
Milkshakes	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Vanilla VGF							✓							
Chocolate VGF							✓						✓	
Mint VGF							✓						✓	
Strawberry VGF							✓							
Honeycomb VGF							✓						✓	
Popping Candy VGF							✓							
Cookies and Cream V		✓					✓							
Salted Caramel VGF							✓							

DISHES AND THEIR ALLERGEN CONTENT - FATSO'S





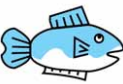
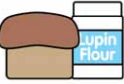






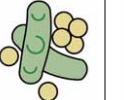

DESSERTS														
Hardshakes	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Strawberry Gin Sling VGF							✓							
Pina Colada VGF							✓							
Irish VGF							✓							
Honey JD VGF							✓						✓	
Jager Shake VGF							✓							

DISHES AND THEIR ALLERGEN CONTENT - FATSO'S






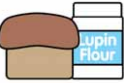






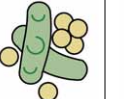

LIGHT LUNCH MENU														
Ciabattas	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Mayonnaise		✓		✓	✓				✓					✓
Prawns in Marie Rose Sauce		✓	✓	✓					✓					✓
Bacon and Cheese		✓					✓		✓					✓

Fatso's Beef Chilli GF	✓							✓		✓				✓
Bacon and Cheese GF								✓		✓				✓
Pulled Pork GF								✓		✓				✓

DISHES AND THEIR ALLERGEN CONTENT - FATSO'S






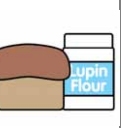




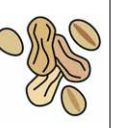



LIGHT LUNCH MENU														
Loaded Fries	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Loaded Cheesy Fries VGF							✓						✓	
Hot Loaded Cheesy Fries VGF							✓						✓	
Cheesy Bacon Fries GF							✓						✓	

DISHES AND THEIR ALLERGEN CONTENT - FATSO'S



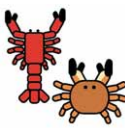

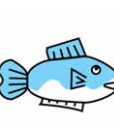
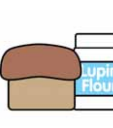








LIGHT LUNCH MENU														
Jackets	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Trio of Cheeses VGF							✓		✓					✓
Tuna Mayonnaise GF				✓	✓				✓					✓

Hot Chicken Wings		✓		✓			✓		✓					
Barbecue Ribs GF									✓				✓	
Fatso's Chilli and Rice GF	✓						✓							
Fatso's Vegetable Chilli and Rice VGF	✓						✓							
Brunch		✓		✓										✓
Scampi		✓	✓	✓			✓							
Cajun Chicken Caesar Salad		✓		✓	✓		✓		✓					
Cheesy Nut Burger V		✓		✓			✓			✓			✓	
C & B Burger		✓		✓			✓						✓	✓
Smokie Burger		✓		✓			✓			✓			✓	✓
Cheese and Bacon Dog		✓		✓			✓						✓	
Chilli Dog	✓	✓		✓			✓						✓	

DISHES AND THEIR ALLERGEN CONTENT - FATSO'S

KIDS' MENU														
Main Courses	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Barbecue Ribs		✓							✓				✓	
Margherita Pizza V		✓					✓							
Jumbo Hot Dog		✓		✓			✓							✓
Fish Fingers		✓			✓									
Junior Burger (Halal)		✓		✓			✓						✓	✓
Junior Cheeseburger (Halal)		✓		✓			✓						✓	✓
Veggie Fajita Wraps V		✓					✓							
Chicken Fajita Wraps		✓					✓							
Mac & Cheese Bites V		✓		✓									✓	
Chicken Nuggets		✓												

DISHES AND THEIR ALLERGEN CONTENT - FATSO'S

KIDS' MENU														
Desserts	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
DIY Sundae		✓					✓						✓	
Fruit Salad VeGF														
Bananas & Ice Cream VGF							✓						✓	